



INLPTA Certified
NLP Master
Practitioner
Training
Course Prospectus



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About Change U

As a family-run business with over 18 years of experience, we specialise in delivering high-quality NLP (Neuro-Linguistic Programming) training programmes.

Our commitment to providing an ethical and integrated approach to our courses sets us apart. It ensures that each course is educational and grounded in practical, real-world application.

We are experienced therapists and coaches with extensive experience working across various sectors, including individual coaching, business, education, and community development.

Our goal is always to create a rich learning environment that promotes deep understanding, personal growth and to empower all our delegates to achieve their full potential through the transformative power of NLP.

www.changeu.co.uk

By integrating our knowledge and experience into our training, we ensure that participants leave our courses with valuable insights and practical skills that they can apply in their personal and professional lives.

As a qualified NLP Practitioner, you might be considering the next step in your personal and professional development.

Our NLP Master Practitioner Course is designed specifically to help you enhance, deepen, and master your NLP skills, allowing you to expand your capabilities and achieve even greater results.

The Master Practitioner Course builds upon the foundations of the NLP Practitioner Course and offers you an advanced curriculum that promotes profound change and growth. By mastering these skills, you can unlock new opportunities for personal and professional advancement, helping you to achieve your full potential.

The Path to Mastery

By exploring deeper into the principles and applications of NLP, you will gain a comprehensive understanding that empowers you to reach new levels of success and fulfilment and provides you with the tools and techniques to facilitate long-lasting transformation in both your personal and professional life.

Training to the Master Practitioner level provides a strong foundation for those who wish to continue their NLP journey to the Psychotherapy level.

Whether you're using the knowledge and skills from your NLP Practitioner Training working as a coach, applying it in your daily life, integrating it into your business, or enhancing your professional role at work, our NLP Master Practitioner Course is designed to support your further growth and development.

About The Course

The Master Practitioner Course offers an in-depth exploration of NLP, delving into advanced language patterns and techniques.

These tools are designed to help you facilitate meaningful change both within yourself and in those you work with, enhancing your skills as an NLP Master Practitioner.

This comprehensive course spans 20 days, divided into four modules, each lasting five days. Sessions are held from Thursday to Monday, running from 9 am to 5 pm.

As part of the course requirements, all delegates must complete a written integration, as you did on your Practitioner Course. This includes revisiting questions from the initial Practitioner Course and tackling new, advanced questions designed for the Master Practitioner level.

Starting from day two, each morning will include group discussions to review these questions, providing an opportunity to deepen your understanding and integrate your learning more effectively.

- Continue your journey toward mastery in every aspect of your life.
- Build upon and synthesize the skills you acquired during your Practitioner training.
- Integrate additional powerful techniques that will complement the ones already embedded in your unconscious mind.



Module One

In this module, you will revisit the key concepts and techniques you learned at the Practitioner level and deepen and synthesise your understanding of these foundational skills.

This will enable you to integrate and apply these techniques more effectively. This module will help you refine and develop the skills you have already mastered, allowing you to achieve greater expertise and adaptability.



Course Outline

Module Two

In this module, you will be introduced to a range of advanced language techniques which will enhance your practice and expand your toolkit—enabling you to develop your communication and facilitate deeper breakthroughs with your clients.

You will also learn how to apply these techniques in various contexts and increase your confidence and expertise. By mastering these new skills, you will be better equipped to guide your clients to make lasting changes.



Module Three

In this module, you will further develop the skills to enable you to manage a comprehensive client breakthrough session, while also experiencing the transformative process first-hand. This approach provides you with a unique opportunity to make deep and lasting changes in your own life, as you learn to facilitate powerful breakthroughs for others.

Additionally, you will learn to use advanced techniques that are essential to masterful practice.



Course Outline



Module Four

In this module, you will learn additional models and techniques that will enhance your therapeutic toolkit and ensure that you have a well-rounded, robust skill set to work with others.

These advanced models will strengthen your technical abilities along with deepening your empathetic understanding. By integrating these new techniques into your practice, you will develop your skills to work effectively and compassionately with others.

Course 4-Mat

Our NLP Training Courses are delivered at a deep systemic level and are designed to be interactive using the 4MAT System which was developed by Bernice McCarthy, Bernice is the author of 4MAT in Action: Creative Lesson Plans for Teaching to Learning Styles with Right/Left Mode Techniques.

This style of training and learning is based on how different individuals perceive and process experiences in different preferred ways and comprises our unique learning styles.

The four learning styles identified by McCarthy are:

Type 1: Innovative Learners

Type 2: Analytic Learners

Type 3: Common Sense Learners

Type 4: Dynamic Learners

This programme is designed so that all styles are addressed, in order that more than one type of delegate may be permitted to both 'shine' and 'stretch.' That is, each section contains 'something for everybody,' so each delegate not only finds the mode of greatest comfort but is challenged to adapt to other less comfortable but equally valuable learning modes.

Course 4-Mat

The instructional sequence suggested by Bernice McCarthy and used in this programme teaches to the four styles using both right and left-brain processing techniques. This integration of learning styles and processing modes ensures that the 'whole of your brain' receives this valuable learning.

Delivery Protocol

The trainer explains a particular aspect of the programme to the group. This explanation includes any relevant history. The context of the topic within the overall programme and 'Why' it is required.

The trainer then explains how the technique works and discusses the procedures and processes attached to it.

If appropriate the trainer then demonstrates the technique.

The delegates then go off to practice the technique under coaching supervision from the trainers.

The delegates return and are coached to share their learning's and how they will apply them. In this way all delegates learning styles are optimised for maximum integration of their new skills and knowledge.

Booking Information

Due to the personal nature of our NLP Training Courses, places are limited. As part of our booking policy, we take the time to connect with prospective delegates either in person or online.

This provides us with the opportunity to understand your goals and motivations for attending the course and discuss the course content in detail. Given the transformative nature of the topics covered in our NLP Training Courses, building strong relationships and trust is essential to achieving your desired outcomes along with creating a foundation for a successful learning experience for you.

Your investment in this life-changing training course is £2,000.

This fee includes your comprehensive training manual, as well as lunch and refreshments.

We offer payment plans to individuals that are agreed upon at the time of booking your place on the course.

Course Dates

2024/25

Module One

Thursday 14th November to Monday 18th November 2024

Module Two

Thursday 12th December to Monday 16th December 2024

Module Three

Thursday 16th January to Monday 20th January 2025

Module Four

Thursday 13th February to Monday 17th February 2025

2025/26

Module One

Thursday 13th November to Monday 17th November 2025

Module Two

Thursday 11th December to Monday 15th December 2025

Module Three

Thursday 15th January to Monday 19th January 2026

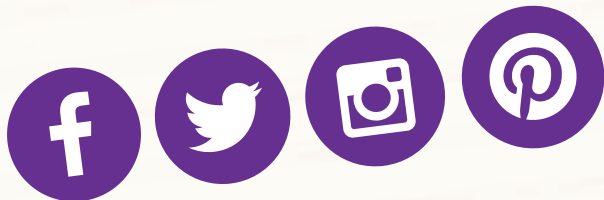
Module Four

Thursday 12th February to Monday 16th February 2026

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