



INLPTA Certified  
NLP Master  
Practitioner  
Training  
Course Prospectus



## Table of Contents

3. About Change U
4. The Path to Mastery
5. About the Course
6. Course Outline
8. Course 4-Mat
10. Booking Information
11. What Others Say
12. Course Dates & Contact Info

# About Change U

- As a family-run business with over 35 years of combined experience, we specialise in delivering high-quality NLP (Neuro-Linguistic Programming) training programmes.

Our commitment to providing an ethical and integrated approach to our courses sets us apart. It ensures that each course is educational, transformational and grounded in practical, real-world application.

We are experienced therapists and coaches with extensive experience working across various sectors, including individual coaching, business, education, and community development.

Our goal is always to create a rich learning environment that promotes deep understanding, personal growth and to empower you to achieve your full potential through the transformative power of NLP.

[www.changeu.co.uk](http://www.changeu.co.uk)

By integrating our knowledge and experience into our training, we ensure that you leave our courses with valuable insights and practical skills that you can apply in your personal and professional life.

As a qualified NLP Practitioner, you might be considering the next step in your personal and professional development.

Our NLP Master Practitioner Course is designed specifically to help you enhance, deepen, and master your NLP skills, allowing you to expand your capabilities and achieve even greater results.

The Master Practitioner Course builds upon the foundations of the NLP Practitioner Course and offers you an advanced curriculum that promotes profound change and growth. By mastering these skills, you can unlock new opportunities for personal and professional advancement, helping you to achieve your full potential.

## The Path to Mastery

By exploring more deeply into the principles and applications of NLP, you will gain a comprehensive understanding that empowers you to reach new levels of success and fulfilment and provides you with the tools and techniques to facilitate long-lasting transformation in both your personal and professional life.

Training to the Master Practitioner level provides a strong foundation should you wish to continue your NLP journey to Psychotherapy level.

Whether you are using the knowledge and skills from your NLP Practitioner Training working as a coach, applying it in your daily life, integrating it into your business, or enhancing your professional role at work, our NLP Master Practitioner Course is designed to support your further growth and development.

# About The Course

The Master Practitioner Course offers an in-depth exploration of NLP, delving into advanced language patterns and techniques.

These tools are designed to help you facilitate meaningful change both within yourself and in those you work with, enhancing your skills as an NLP Master Practitioner.

This comprehensive course spans 20 days, divided into four modules, each lasting five days. Sessions are held from Thursday to Monday, running from 9 am to 5 pm.

As part of the course requirements, all delegates must complete a written integration, as you may have completed on your Practitioner Course. This includes revisiting questions from the initial Practitioner Course and tackling new, advanced questions designed for the Master Practitioner level.

Starting from day two, each morning will include group discussions to review these questions, providing an opportunity to deepen your understanding and integrate your learning more effectively.

- Continue your journey toward mastery in every aspect of your life.
- Build upon and synthesize the skills you acquired during your Practitioner training.
- Integrate additional powerful techniques that will complement the ones already embedded in your unconscious mind.



## Module One

In this module, you will revisit the key concepts and techniques you learned at the Practitioner level and deepen and synthesise your understanding of these foundational skills.

This will enable you to integrate and apply these techniques more effectively. This module will help you refine and develop the skills you have already mastered, allowing you to achieve greater expertise and adaptability.



# Course Outline

## Module Two

In this module, you will be introduced to a range of advanced language techniques which will enhance your practice and expand your toolkit—enabling you to develop your communication and facilitate deeper breakthroughs with your clients.

You will also learn how to apply these techniques in various contexts and increase your confidence and expertise. By mastering these new skills, you will be better equipped to guide your clients to make lasting changes.



## Module Three

In this module, you will further develop the skills to enable you to manage a comprehensive client breakthrough session, while also experiencing the transformative process first-hand. This approach provides you with a unique opportunity to make deep and lasting changes in your own life, as you learn to facilitate powerful breakthroughs for others.

Additionally, you will learn to use advanced techniques that are essential to masterful practice.



## Course Outline



## Module Four

In this module, you will learn additional models and techniques that will enhance your coaching and therapeutic toolkit, ensuring that you have a well-rounded, robust skillset.

These advanced models will strengthen your technical abilities along with deepening your empathetic understanding. Integrating these new techniques into your practice will develop your skills to work effectively and compassionately with others.

# Course 4-Mat

Our NLP Training Courses are delivered at a deep systemic level and are designed to be interactive using the 4MAT System which was developed by Bernice McCarthy, Bernice is the author of 4MAT in Action: Creative Lesson Plans for Teaching to Learning Styles with Right/Left Mode Techniques.

This style of training and learning is based on how different individuals perceive and process experiences in different preferred ways and comprises our unique learning styles.

The four learning styles identified by McCarthy are:

Type 1: Innovative Learners

Type 2: Analytic Learners

Type 3: Common Sense Learners

Type 4: Dynamic Learners

This programme is designed so that all learning styles are catered for so that you can shine and enjoy your learning experience with the opportunity to stretch and adapt your learning preferences, empowering you to grow and succeed.



# Course 4-Mat

The instructional sequence suggested by Bernice McCarthy and used in this programme teaches to the four styles using both right and left-brain processing techniques. This integration of learning styles and processing modes ensures that the 'whole of your brain' receives this valuable learning.

## Delivery Protocol

**1** The trainer explains a particular aspect of the programme to the group. This explanation includes any relevant history. The context of the topic within the overall programme and 'Why' it is required.

**2** The trainer then explains how the technique works and discusses the procedures and processes attached to it.

**3**

If appropriate the trainer then demonstrates the technique.

The delegates then go off to practice the technique under coaching supervision from the trainers.

**4**

The delegates return and are coached to share their learning's and how they will apply them. In this way all delegates learning styles are optimised for maximum integration of their new skills and knowledge.

# Booking Information

Due to the personal nature of our NLP Training Courses, places are limited. As part of our booking policy, we take the time to connect with prospective delegates either in person or online.

This provides us with the opportunity to understand your goals and motivations for attending the course and discuss the course content in detail. Given the transformative nature of the topics covered in our NLP Training Courses, building strong relationships and trust is essential to achieving your desired outcomes along with creating a foundation for a successful learning experience for you.

Your investment in this life-changing training course is £2,000.

This fee includes your comprehensive training manual, as well as lunch and refreshments.

In some cases, we can offer payment plans to individuals.

## Master Practitioner Specialising in Working with Veterans

I have trained with Change U before, and I couldn't wait to start my latest course. The Master Practitioner Course was absolutely brilliant, top class. It really was delivered excellently and I have learned so much, both of me and as a NLP Master Practitioner. I must say that I would not have been so confident if it wasn't Change U delivering. Thank you and my trust is with you forever.

What  
Others  
Say

## Master Practitioner – Professor Working in Education

I have trained with Change U for my NLP Practitioner and Master Practitioner and I can confidently say that both training courses have been excellent! Tony and Maria tick all the boxes and focus on quality training and my experience has been superb! I have learnt a lot indeed, they listen very closely to what I shared and responded to my learning needs and comments very quickly. It has been a very useful enjoyable learning experience.

## 2025 Course Dates

### Module One

Thursday 3rd April to 7th April

### Module Two

Thursday 8th May to Monday 12th May

### Module Three

Thursday 5th June to Monday 9th June

### Module Four

Thursday 10th July to Monday 14th July

## Contact Us

[www.changeu.co.uk](http://www.changeu.co.uk)

 [maria@changeu.co.uk](mailto:maria@changeu.co.uk)  
 07846 513752

 [tony@changeu.co.uk](mailto:tony@changeu.co.uk)  
 07930 345810



marialwright

thetonywright



@changeunltd